



“Salud” is here to help Aruba get healthy!

Saturday evening, September 23 saw the unveiling on the pool terrace of the Tierra Del Sol Country Club of the newest magazine in Papiamentu, a cooperative effort by physicians to awaken and educate the Aruban public to the health issues they have to face today. The premiere issue is devoted to the topic of “Diabetes,” a disease that is reaching epidemic proportions in the United States, and increasing dramatically in Aruba.

The editors of “Salud” are Dr. Laura Soria, orthopedic surgeon, and Dr. Guillermo Rodriguez, pediatrician. With the blessings of the Minister of Health and Environment, Candelario “Booshi” Wever, they have gathered together a group of concerned medical specialists that contribute to the magazine which is distributed for free at every drugstore and doctor’s office on the island.

The first issue features articles on alcohol abuse by Dr. Posner, “Exercise and Diabetes” by Rudy Carti, information about the Aruba Diabetes Foundation, and also dealing with diabetes in children by Dr. Joel Rajnherc, pediatrician. Additionally contributing to the premiere issue are physicians and specialists from Caracas, Venezuela with articles about glaucoma and back pain, two common complaints.

Those attending the unveiling eagerly examined the interesting articles in the magazine, which has been beautifully realized by graphic artist Robert Arismendi with photographs by Yamile Vizcaino. Dr. Rodriguez introduced and thanked the “Salud” team of Anthony Geerman, Auroa Dijkhoff, and Anthony Kransen who along with the designers made this very important publication possible.

In explaining their motives behind publishing “Salud” Dr. Rodriguez cited the need of the Aruban public for more detailed health information that they do not usually have time to get from their doctors during a visit. It is their hope to help contain the growing problem of diabetes with this first issue, and to continue in the next issue by facing one of the main causes, obesity, which will be the central topic of their second issue.

“Salud” would appear to a most welcome and essential addition to any home library, available without cost and with the improved health of Arubans their ultimate goal. THE NEWS congratulates them on the contribution to the welfare of the island and wishes them success in this endeavor.